

## JOHN R. ASHBURN JR., PH.D., ACC LCDR, US Navy (ret) johnashburnjr@gmail.com

As a licensed clinical psychologist and ICF-certified executive coach Dr. Ashburn has over twenty years of experience helping individuals, groups and organizations maximize their performance in high stakes environments. He earned his M.S. and Ph.D. degrees in psychology from the Uniformed Services University of the Health Sciences, his Bachelor's degree in

computer information systems from the University of Maryland, and has earned a graduate certificate in executive and professional coaching from Lewis University. He is a retired Naval Officer with military experience in both the intelligence community and medical settings. Dr. Ashburn is a licensed psychologist in New York State and is an Associate Certified Coach with the International Coaching Federation.

During his career John has managed and led teams from junior to senior level in a wide variety of settings including in the intelligence community, in military medicine environments, at a not-for-profit organization, and at the NYPD. He understands firsthand the need for leaders to make fast, high-quality decisions while balancing the competing needs of a variety of stakeholders. He brings a broad base of work experiences to bear: his work has included data collection and analysis missions on submarines under the Arctic Ocean, cryptologic work at the National Security Agency, consulting with military leadership in Afghanistan, working as a staff psychologist at Bethesda Medical Center, to his current role helping clients at Korn Ferry optimize their decision making.

John has briefed two NYPD police commissioners, an Attorney General, C-suite leadership of all sizes, several Senior Executive Service members, prominent board members of various organizations, and several Admirals and Generals. Throughout all of his disparate roles John has been able to leverage and refine his superpower: taking technical and conceptual data and translating it into practical, actionable insights for leaders. His style is punctuated by meaningful connection, deep insights, and a dose of humor and perspective.

His professional experience includes teaching psychology at both the undergraduate and graduate levels. He is a subject matter expert on the Korn Ferry Four-Dimensional Assessment (KF4D) and is certified in both the Emotional Quotient Inventory (EQ-i 2.0 and EQ 360) and the FIRO-B assessments. To further improve his ability to help his clients perform their absolute best, John is enrolled in a graduate program in Sports and Performance Psychology at Springfield College. He is a member of the American Psychological Association, the International Coaching Federation, and the Executive Coaching Roundtable.

## **Executive Coaching Roundtable**

www.executivecoachingroundtable.com